

Maryland Philanthropy Network Presents the

Aging Innovations Network's Annual Aging Summit: *Aging Together in Maryland*

Sponsored by:

Keswick

Leonard & Helen R. Stulman Foundation

The Harry & Jeanette Weinberg Foundation

& In Partnership with Maryland Gerontological Association

TUESDAY, APRIL 4TH, 8:30 A.M. – 2:30 P.M.
CYLBURN ARBORETUM'S VOLLMER CENTER
4915 GREENSPRING AVENUE, BALTIMORE, MD 21209

Maryland Aging Innovations Group 2023 Summit: Aging Together in Maryland

SUMMIT AGENDA – APRIL 4TH, 8:30 A.M. – 2:30 P.M.
CYLBURN ARBORETUM'S VOLLMER CENTER
4915 GREENSPRING AVENUE, BALTIMORE, MD 21209

TIME:	ACTIVITY:
8:00 AM	Continental Breakfast Served
9:00 AM	<p>Welcome – Earl Millett, Harry and Jeanette Weinberg Foundation Aileen Tinney, Keswick Cathy Brill, Leonard & Helen R. Stulman Foundation Kevin McHugh, Maryland Philanthropy Network</p>
9:15 AM	<p><i>Maryland's Commitment</i> Remarks by Carmel Roques, Secretary of Aging Introduction by Cathy Brill, Executive Director of the Leonard and Helen R. Stulman Foundation Secretary Roques will provide her vision in developing a cross-sector, state-led strategic planning resource that can help Maryland transform the infrastructure and coordination of services for its rapidly aging population and people with disabilities.</p>
9:35 AM	<p>Remarks by, Dr. Nilesh Kalyanaraman, Deputy Secretary of Public Health Services MDH: Introduction by Tracey Barbour-Gillett, Program Officer of the Abell Foundation On behalf of Secretary Herrera Scott, Dr. Kalyanaraman will share the vision of the MD Department of Health's commitment to addressing Maryland's increasing aging population.</p> <p>Maryland's Commitment Presentation Evaluation: https://bit.ly/3FUE2cp</p>
9:55 AM	<p><i>A Cross-Sector Approach for a Multisector Plan for Aging: A Case Study from New York</i> Keynote Speaker, Elana Kieffer, Director Center for Health Aging, New York Academy of Medicine Introduction by Earl Millett, Managing Director of Program Team Operations of the Abell Foundation Elana Kieffer, MBA, Director of the Center for Healthy Aging at The New York Academy of Medicine, will discuss the many successes and occasional frustrations of working across multiple sectors, from government agencies to funders and advocacy organizations, in an effort to help everyone age well in our neighborhoods, cities, and states, using the experience in New York as a case study.</p> <p>New York State's Model Presentation Evaluation: https://bit.ly/40GdEeC</p>

TIME:**ACTIVITY:****10:35 AM****Break and Networking****10:45 AM*****Age-Friendly County Initiatives Panel*****Moderated by Aileen Tinney, CEO of Keswick****a. Laura Riley, Director Baltimore County Department of Aging****b. Shawn Brennan, Program Manager, Montgomery County Aging and Disabilities Services****c. Paula Erdie, Executive Director, MAC, Inc. Wicomico, Worchester, Dorchester, and Somerset—MD Lower Eastern Shore**

Panelists will give a brief summary of their age-friendly initiatives, challenges in implementation and developing partnerships, and government inter-agency support. Ms. Tinney will ask individual questions to each panelist who will compare rural population vs. urban/suburban population needs.

Age-Friendly County Initiatives Panel Evaluation: <https://bit.ly/3LV43MB>**11:25 AM****Remarks from Maria Gonzales Jackson, Director of Knowledge Management with Grantmakers in Aging**

Maria will speak to the aging funders community and comment on a national funding perspective to support states' development of multi-sector plans on aging.

11:30 AM***Engaging Older Adults Through the Arts:******The Maryland State Arts Council's Creative Aging Initiative*****Presentation by Steven Skerritt-Davis and****Elizabeth Morales of The Maryland State Arts Council****Introduction by Elisabeth Hyleck of Maryland Philanthropy Network**

Join Steven Skerritt-Davis and Lizzie Morales from the Maryland State Arts Council (MSAC), theater teaching artist, Tavish Forsyth, and cellist/executive director Iris Music Project, Lauren Latessa, to learn how they have engaged with older adults through the arts.

MSAC staff will discuss the history of the Creative Aging Initiative and current grant opportunities of MSAC's Arts in Education grant program.

Creative Aging Project Highlights Evaluation: <https://bit.ly/3TOTc91>**12:00 PM****Engaging Art Demonstrations**

a. **Tavish Forsyth**, a theater and improv teaching artist will share his experience of working with older adults and lead the audience through an example theater-improv activity.

b. **Lauren Latessa**, cellist and Director, will share the unique music programs Iris Music Project offers to enrich older adults lives.

TIME:**ACTIVITY:**

12:45 PM

**Upcoming Activities and Closing
Buffet Lunch and Refreshments**

Overall Summit Evaluation: <https://bit.ly/40kR7UM>

There will be 3.0 Social Work CEU credits available for those who request them.

We ask you to kindly fill out the program evaluation after each session.

MPN is grateful to MD Gerontological Association for its partnership in this effort to provide Continuing Education Credits.

We appreciate Baltimore City Recreation & Parks and Cristina Nutile, Cylburn event planning, for all her patience and diligent assistance.

Thank you to our generous sponsors who have given their support for this free celebratory event!



Leonard & Helen R. Stulman

CHARITABLE FOUNDATION



**The Harry and Jeanette
Weinberg Foundation, Inc.**

Maryland Aging Innovations Group 2023 Summit: Aging Together in Maryland

Speaker Biography

Carmel Roques, MA, LCSW-C, Secretary of Aging



With more than 30 years of experience in the aging field, Roques has proven her dedication to improving the lives of older people and their families. Known for her multi-sector, collaborative approach to planning and preparing for healthy longer lives in Maryland, Roques has led and transformed non-profit organizations, building strong cultures of service excellence and innovation. Her expertise includes dementia, palliative care, strategic planning, organizational development, community health, and service delivery models for older people. Roques served for a decade as the President and Chief Executive Officer of the Keswick Multi-Care Center in Baltimore, a 138-year-old not-for-profit community healthcare provider. As CEO, she also led the creation of Keswick Community Health's Wise & Well Center for Healthy Living. Before serving as CEO of Keswick, Roques was Chief Operating Officer for Virginia United Methodist Homes, and prior to that, she worked for twelve years at the Episcopal Ministries to the Aging in Eldersburg, Maryland, culminating in more than three years as COO. Her early career roles included Director of Adult Day Care and Director of Home Care Services for Catholic Charities in Baltimore. She has also served older people and their families on the Maryland Commission on Aging, the Maryland Medicare/Medicaid Advisory Committee, the Maryland Coalition on Mental Health and Aging, and the Maryland CARE Transformation Steering Committee. Roques served as past Chair of both the Maryland Philanthropy Network and LifeSpan Network. Roques has been recognized by the Daily Record among Maryland's Top 100 Women, Top CEOs, and Influential Leaders in Health Care. Roques has a Master of Arts Degree from the University of Chicago School of Social Service Administration and a Bachelor of Arts degree from Mills College in Oakland, California. She lives in Columbia, Maryland.

Nilesh Kalyanaraman, MD, Deputy Secretary Public Health Service for MD Department of Health



Nilesh Kalyanaraman, MD, FACP, serves as the Deputy Secretary of Public Health Services, at the Maryland Department of Health (MDH).

Dr. Nilesh Kalyanaraman is a leader in improving health outcomes by developing innovative collaborations across health care, public health, and communities. Most recently he served as the Health Officer in Anne Arundel County from 2019 to 2023 and led the county through its Covid response, the establishment of a gun violence intervention team and the development of community led health outreach to advance health equity.

For over a decade prior, he has held leadership positions at Federally Qualified Health Centers including Health Care for the Homeless in Baltimore and Unity Health Care in Washington, DC. He has led care transformation to integrate social determinants of health into clinical care, implement innovative reimbursement models, and increase access to underserved populations.

He received a Doctor of Medicine from SUNY Downstate Health Science University in Brooklyn, NY and was a AAAS Science and Technology Policy fellow at the National Institutes of Health.

**Elana Kieffer, MBA,
Director, New York
Academy of Medicine's
Center for Healthy Aging**



**THE
NEW YORK
ACADEMY
OF MEDICINE**

Elana Kieffer has nearly 15 years of experience working in a wide range of older adult services, with a focus on project management, program development, and sales and marketing. Prior to her time at the Academy, Elana worked at The New Jewish Home and at MJHS Hospice and Palliative Care. She also worked in affordable and market-rate senior housing for two Boston-based organizations, The Community Builders and Hebrew SeniorLife. Elana has an MBA in nonprofit management with a concentration in aging services from the Heller School at Brandeis University.

**Laura Riley, Director,
Baltimore County
Department of Aging**



Laura Riley is the Director of the Baltimore County Department of Aging serving a county of over 190,000 older adults. In her role, she oversees local provision of Older American's Act programs as well as state and local initiatives focused on assisting older adults to thrive in the community of their choosing. BCDA is routinely acknowledged as a leader of innovation on a national level. Laura has been with BCDA for 35 years, working her way up through various positions in Senior Centers, Guardianship, Individual and Family services and the Deputy Director before her appointment as Director in 2018. She graduated from the University of Maryland Baltimore County with bachelor's degrees in Social Work and Sociology. She is also an alumni of Leadership Baltimore County and the National Association of Area Agencies on Aging Leadership Institute. She especially enjoys mentoring new staff and helping older adults live their best quality of life.

**Shawn Brennan, MSW,
Program Manager,
Age-Friendly
Montgomery County**



Shawn Brennan has worked for Montgomery County Aging and Disability Services since 2005, actively participating in the Age Friendly Montgomery initiative and the Senior Subcabinet that preceded it. In her first job with A&D, she managed senior health and wellness programs. Late in 2013, she changed jobs to focus on transportation and mobility for older adults and residents with disabilities. Her role later included providing staff support to the Commission on Aging and its Public Policy Committee. Prior to working with the County, Shawn worked for the National Multiple Sclerosis Society and, before that, as a recreation therapist on an inpatient psychiatry unit at Walter Reed Army Medical Center. She studied Community Organization and Social Administration at the University of Maryland School of Social Work and therapeutic recreation at the University of Maryland College Park.

**Paula Erdie, LCSW-C,
CEO MAC, Inc.**



Ms. Erdie is the CEO of MAC Inc., the Area Agency on Aging for Dorchester, Somerset, Worcester and Wicomico counties. She received her master's degree from the University of Maryland School of Social Work and Community Planning. She was the Director of Wicomico County Department of Social Services, and prior Director of Worcester County Department of Social Services. She is an adjunct professor for Salisbury University and a field instructor for the University of MD School of Social Work. She has provided clinical therapy for Catholic Charities and Balanced Life, LLC. Ms. Erdie sits on several community boards and established Worcester G.O.L.D., a non-profit organization which serves the Worcester County community. She also helped to establish two non-profits, the Wellness Community Delmarva, and Wicomico H.O.P. E. She resides in Wicomico County with her husband.

Elizabeth Morales, MA, Arts in Education Program Director for MASAC



Ms. Morales joined the Maryland State Arts Council in March 2022 as the Arts in Education Program Director. Prior to joining MSAC, Lizzie worked at the John F. Kennedy Center for the Performing Arts where she managed arts education and arts integration programs for teachers and schools. Lizzie has also held various positions at Wolf Trap National Park for the Performing Arts and the National Endowment for the Arts. Before she began her career in arts administration, Lizzie worked as an ESL teacher in South Korea, Peru, and in the Washington DC Metro area. She holds a bachelor's degree in music and a master's degree in ethnomusicology from the University of Maryland, College Park. With over a decade of experience in the field of arts education, Lizzie is delighted to support arts education programs across the state of Maryland.

Steven Skerritt-Davis, MD State Arts Council Executive Director



Mr. Skerritt-Davis joined the staff in February 2017 as Program Director, then served as Deputy Director for several years, overseeing the County Arts Agencies of Maryland, Arts & Entertainment Districts, and marketing and communications. Steven grew up in Tulsa, Oklahoma and danced professionally with Tulsa Ballet, American Ballet Theater Studio Company, and Ballet West. After retiring from a ten-year career, he earned his bachelor's degree magna cum laude from Brown University where he focused his studies on philanthropy and non-profit management. Prior to joining MSAC, Steven worked as Program Coordinator for the National Dance Project at the New England Foundation for the Arts and as Director of External Relations for Lumberyard Contemporary Performing Arts where he helped secure grants and partnerships that brought the organization to national prominence and he helped conceive and initiate a creative place making effort in upstate New York.

Lauren Latessa, Executive Director Iris Music Project



Lauren Latessa, Iris Music Project Executive Director, cellist & founder, has dedicated her career to exploring the ways music can infuse and transform communities. Her innovative work as the Manager of Music Enrichment at the Charles E. Smith Life Communities (CESLC), where she worked from 2015-2019, earned her awards and recognition from the Tarisio Trust, the Association of Jewish Aging Services and the National Arts Strategies. As the Executive Director of Iris Music Project she has created music programs for Weinberg Villages (CHAI Baltimore), Charles E. Smith Life Communities, Mather, Howard County 55+ Centers and Bender Jewish Community Center. In 2023 the organization was awarded a National Endowment for the Arts Challenge America grant to support their partnership with Weinberg Villages. Lauren has presented Iris Music Project's groundbreaking model at Carnegie Mellon University, Peabody Institute, University of Maryland, Fudan University (Shanghai, China), LifeSpan Network and in the Journal of Applied Arts and Health. She holds degrees from Peabody Conservatory, Johns Hopkins University (Phi Beta Kappa) & Northwestern University.

Tavish Forsyth, Performer, Teacher, and Founder of Bird City Improv (he/they)



Mr. Forsyth is a queer improviser and educator with Celtic roots. He was born on Penacook Land in Lowell, Massachusetts under a Virgo sun and moon with Pisces rising. Since 2011 he has lived in Baltimore, which is the ancestral land of the Piscataway people, where he became the founder of Bird City Improv, a teaching artist with the Maryland Center for Creative Classrooms, and a faculty member at Johns Hopkins University. Tavish is an experienced artist with two degrees in theatre. He is versed in multiple styles of improvisation, embodied practice, and comedic theory. Centering healing, queerness, and connection in his work, Tavish empowers individuals to listen, adapt, and respond. His hope is to co-create in ways that are joyful, patient, and honest.